

SCHOLARSHIP PREP COVID-19 RESOURCE GUIDE



- Quick Facts
- Our Plan
- Vulnerable Groups
- Exposure Guidelines
- Managing Stress



Co-Founder's Statement

Scholarship Prep Families,

We have been following the guidance of public health experts on how we can keep all who are part of our school community -- students, staff, family members and visitors -- safe in the midst of a growing health crisis.

As such, we have decided to move forward with the **closure of ALL Scholarship Prep Campuses.**

Facts and circumstances may change quickly so we encourage you to check our website scholarshipschools.org regularly or our schools' Facebook pages.

Our schools have worked together to prepare a digital resource library found on our website that links to educational activities for students to utilize during the closure period.

We are deeply committed to the health and safety of all members of the Scholarship Prep family through this trying time.

Our digital resource library will not take the place of regular classroom instruction but will supplement student learning at home. Assignments will not be required or graded. These activities are meant to provide optional opportunities for student learning while they are absent from school.

We are deeply committed to the health and safety of all members of the Scholarship Prep family through this trying time.

Thank you for choosing Scholarship Prep as your school of choice. Together, and staying calm, we will get through this global health concern.

Sincerely,



Gloria Romero

Sen. Gloria Romero (Ret.)
Co-Founder, Executive Director
Scholarship Prep



Jason Watts

Jason Watts
Co-Founder, Chief Operating Officer
Scholarship Prep



Coronavirus Quick Facts

01

HOW IS IT SPREAD?



Through droplets when an infected person coughs or sneezes.



Close personal contact, such as caring for an infected person.

02

SYMPTOMS



Fever



Cough



Difficulty Breathing

03

PRECAUTIONS

- **STAY HOME** when sick
- **LIMIT CONTACT** with those who are sick
- **WASH HANDS** with soap (or)
- **USE HAND SANITIZER** with at least 60% alcohol
- Avoid touching eyes, nose, and mouth
- Cover your mouth with a tissue when coughing or sneezing then throw away
- Use facemasks in public only when sick or instructed

Source



Our Plan

We are in constant communication with Public Health and County Officials, and are listening to all of their recommendations and direction.

Instructional Resources



Our schools will not be providing online or distance learning since we cannot ensure that all students will have equal or regular access to technology or the internet. However, we have asked our schools to work together to prepare a digital resource library, found on our website, that links to educational activities for students to utilize during the closure period.

This will not take the place of regular classroom instruction but will supplement student learning at home. Assignments will not be required or graded. These activities are meant to provide optional opportunities for student learning while they are absent from school.

Non-Academic Services



Food Program We are happy to report that beginning Monday, March 16, we are able to continue providing healthy meals to our students who are in need for **ALL our campuses** during the school closure. These meals (Santa Ana & South Bay: breakfast & lunch, Oceanside: lunch only) can be picked up by families from our school sites in a "grab and go" format from 8am - 10am.

Child Care Our internal before and after school child care programs are cancelled because **ALL** school buildings are closed to students. We know that closing our schools will impact our most vulnerable families and we recognize that working families depend on the consistency and predictability of supports and services our schools offer. We have compiled a list of community resources for each of our schools that can be found on our website.

Our Plan Cont.

Regularly check our website and your campus Facebook pages for updated information.

Preventative Measures



We ask that you communicate with your campus should you, your students, or any recently contacted family members are suspected to have contracted the COVID-19 virus. We ask this for the health and safety of others and to reduce community spread of the virus.

Our custodial staff is enhancing cleaning consistent with CDC guidance especially frequently touched surfaces including desks, elective equipment, etc. Staff will be carrying out proper cleaning measures on all campuses during the school closures.

Transparent Communication



As we continue to gather information from health and education officials on the changing nature of the situation, we will be swiftly communicating with parents and staff of any new directives or extended closures.

To address some of the many important questions being asked by our families about the coronavirus, a FAQ list can be found on our website.

Please continue to visit public health websites and resources along with our Scholarship Prep website and campus Facebook page to receive information as it becomes available.

VULNERABLE GROUPS

If you, your family, or student fall under any of the groups below, please take extra precautions as you may be at risk for serious illness of COVID-19.

- Older adults
- Individuals with compromised immune systems
- Individuals who have serious chronic medical conditions like:
 - Heart disease
 - Diabetes
 - Lung disease
- Current or recent pregnancy
- Endocrine disorders (e.g., diabetes mellitus)
- Metabolic disorders
- Neurological and neurologic and neurodevelopment conditions

Take Extra Precautions



- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing, or having been in a public place.
- Avoid close contact with people who are sick, and stay away from large gatherings and crowds.
- Stay home as much as possible. Consider ways of getting food brought to your house through family, social, or commercial networks.



EXPOSURE GUIDELINES



WHAT IF I HAVE SYMPTOMS THAT I BELIEVE MAY BE CONNECTED TO COVID-19?

If you are having difficulty breathing or keeping fluids down, go to an emergency room or call 911. Otherwise, it is better to call your doctor before going in to seek care. You should also call a doctor if you have had close contact with a person who has COVID-19.



WHAT IF I HAVE NO SYMPTOMS, BUT THINK I HAVE BEEN EXPOSED TO COVID-19?

If you are not sick, there is no need to do anything other than practice every day daily prevention and monitor yourself for symptoms of respiratory illness, such as fever and cough.



HOW IS COVID-19 TREATED?

There is no specific treatment for illness caused by the novel coronavirus. However, many of the symptoms can be treated. Treatment is based on the patient's condition.

There is currently no vaccine to prevent novel coronavirus. Be aware of scam products for sale that make false claims to prevent or treat this new infection.

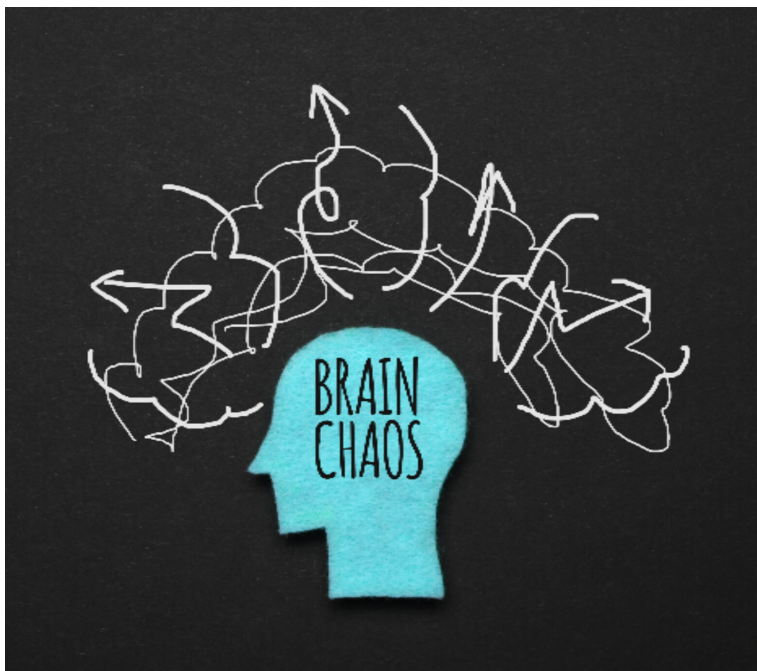
MANAGING STRESS

When you hear, read, or watch news about an outbreak of an infectious disease, you may feel anxious and show signs of stress—even when the outbreak affects people far from where you live and you are at low or no risk of getting sick.

During an infectious disease outbreak, care for your own physical and mental health and reach out in kindness to those affected by the situation.

BE PROACTIVE

- Stay informed with information from credible sources.
- Stay safely connected with friends, family, and community groups
- Keep a positive attitude



- Avoid sharing unconfirmed news about the infectious disease to avoid creating unnecessary fear and panic.
- Give honest age-appropriate information to children and remember to stay calm; children often feel what you feel.
- If you know someone affected by the outbreak, call them to see how they are doing.
- An infectious disease is not connected to any racial or ethnic group; speak up in kindness when you hear false rumors or negative stereotypes that foster racism and xenophobia.
- Continue to encourage welcoming environments for ALL members of our community.

Source